



Donal McCarthy

Physical Therapist, Orthopaedic & Soft Tissue Therapist

Amatsu, Injury & Massage Practitioner @The Rathmichael Clinic

✉ Donal@DonalMcCarthyTherapy.com

📍 Rathmichael Clinic, Shankill, Dublin D18 DK65, Ireland

🌐 [linkedin.com/in/donaltmccarthy](https://www.linkedin.com/in/donaltmccarthy)

📞 086-1606686

🌐 www.donalmccarthytherapy.com

EDUCATION

Primary Education

Blackrock College

1999 - 2005

Dublin, Ireland

Amatsu Training

I was trained by Dennis Bartram, Principle Teacher and Researcher of Amatsu, who was responsible for bringing Amatsu to UK and Ireland with Billy Doolan.

2010 - 2020

Dublin, Ireland

EXPERIENCE

Amatsu Specialist

I have been practicing Amatsu and Massage Therapy at the Rathmichael Clinic in Shankill

2010 - 2020

Dublin, Ireland

CPD Trainer

I regularly train and CPD in Ireland and England.

2010 - 2020

Registered Orthopaedic & Soft Tissue Therapist

I treat muscular and skeletal problems (e.g. joint, postural, nerve and mobility problems), sports and accident related issues, stress problems and other disorders (e.g. arthritis, IBS, chronic fatigue, fibromyalgia).

2010 - 2020

Injury & Massage Practitioner

I have studied and use various other techniques such as: Trigger Points, Fascia Releasing, Therapeutic Massage, Neck Massage, Feldenkrais Method, Reiki healing, Total Body Modification, Barral Technique.

2010 - 2020

SKILLS

Fibromyalgia

Injury Treatment

Sciatica

Holistic Massage

Whiplash

Sports Massage

Amatsu

Amatsu Therapist

Amatsu Practitioner

Facia Releasing

OTHER SKILLS

INDUSTRY KNOWLEDGE

- Deep Tissue Massage, Pain Management, Fitness, Sports, Headache Relief Therapy, Reiki, Physical Therapy

Interpersonal Skills

- Stress Management

Tools & Technologies

- Microsoft Office

AFFILIATES

Member of Register of Orthopaedic and Soft Tissue Therapist of Ireland (ROSTI)

Member of Amatsu Therapy Association – (A.T.A)

Certified Reiki Master and ITEC qualified in Holistic Massage

LANGUAGES

English



INTERESTS

I am passionate about continuing learning new techniques and complimentary therapies to help people.